

Community Health Assessment 2025

Village of Arlington Heights



Introduction

The WeTHRIVE!SM Community Health Assessments (CHA) paint a comprehensive picture of the community's current and past health status, factors contributing to higher health risks and poorer health outcomes, needs in the community, and community resources available to improve health.

The WeTHRIVE! CHA helps aid community partners, stakeholders and residents in identifying priority health issues, developing goals, and selecting strategies to improve residents' health. The data comes from multiple sources, including surveys, surveillance systems and landscape reviews (see data notes QR code). Using multiple data sources allows for a comprehensive picture of the health of the community. The Hamilton County CHA released in 2025 provides an overview of the health of Hamilton County, while the WeTHRIVE! CHA allows WeTHRIVE! teams to take a deeper dive into their community-specific data.

This report includes the following topics relevant to health and wellness of residents within the community:

- Community Context (who makes up your community)
- Healthcare and Health Outcomes
- Economic Stability
- Neighborhood and Built Environment
- Assets and Opportunities
- Recommendations

"Public health in Hamilton County means working together to ensure that all of our residents have the opportunity to thrive both individually and collectively. When people are healthy, they can lead fuller, happier lives while also contributing to the local economy and culture."

-Greg Kesterman, Hamilton County Public Health, Health Commissioner



WeTHRIVE! Overview

The WeTHRIVE! initiative of Hamilton County Public Health is a paradigm shift that engages communities, and schools and child care providers to make meaningful and sustainable policy, environmental, and system changes where people live, work, learn, and play, ensuring that all individuals have the opportunity to thrive. The WeTHRIVE! initiative works to create a culture of health, safety, and vitality throughout Hamilton County. The four pillars of WeTHRIVE! are:



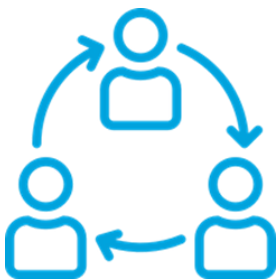
SUPPORT

WeTHRIVE! Population Health Specialists help start a team, offer assistance, and connect the teams to resources.



DATA

The most up-to-date public health [data](#) is shared to help determine areas of need and plan for the future.



COLLABORATION

The WeTHRIVE! initiative fosters a culture of collaboration by bringing together child care providers, communities, schools, and [partner organizations](#).



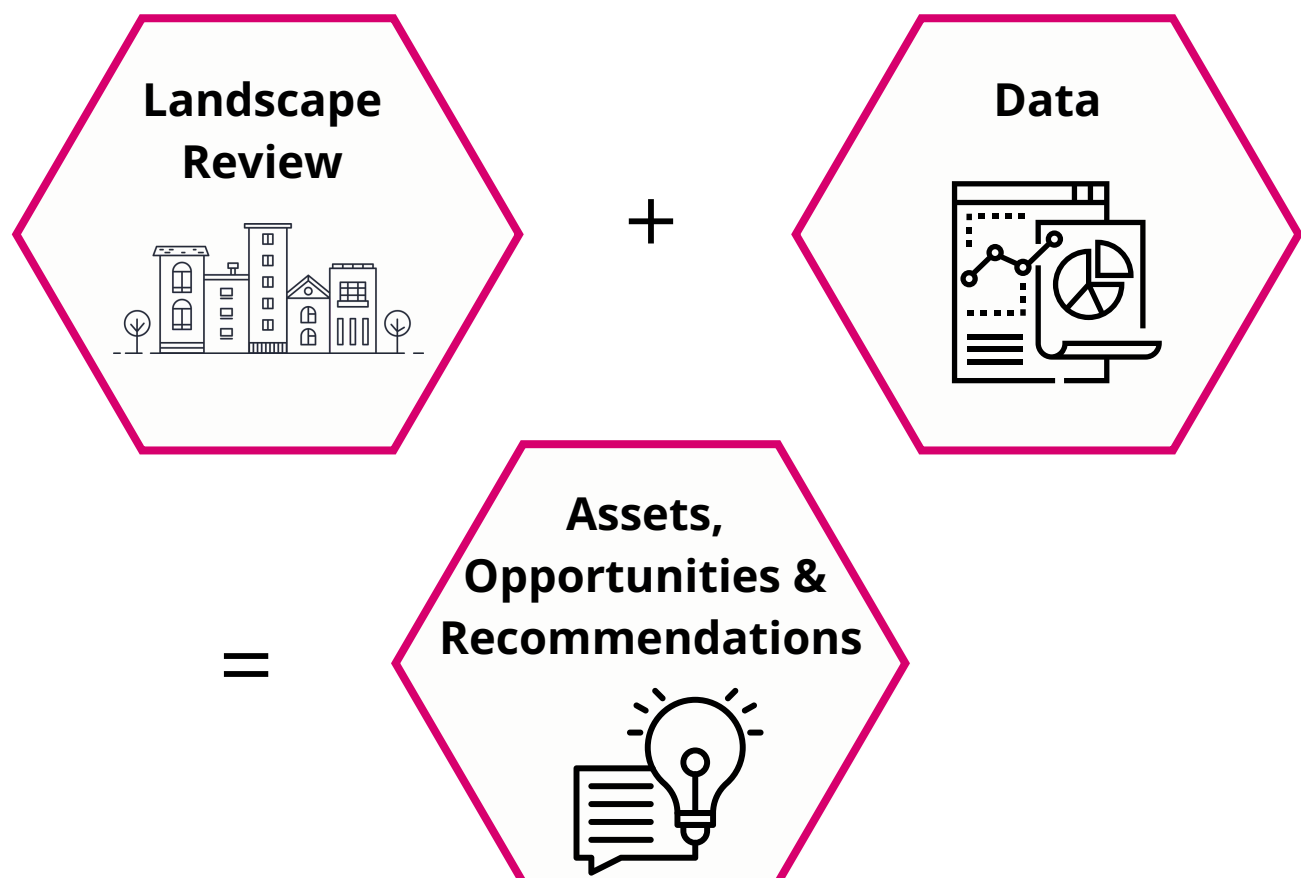
RECOGNITION & CELEBRATION

The initiative is all about celebrating the positive progress and changes our amazing teams work so hard to implement.

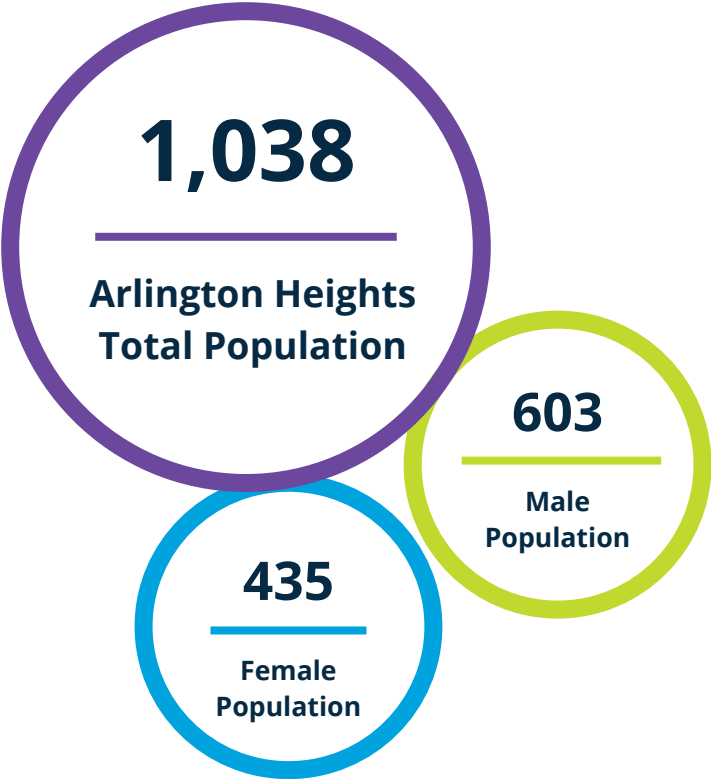
We
THRIVE!
Community Wellness in Action™

WeTHRIVE! CHA Process

As part of data provided to WeTHRIVE! communities, the WeTHRIVE! CHAs are completed every three years to provide an opportunity to take a deeper dive into the annual WeTHRIVE! Data Profiles that are shared with each active WeTHRIVE! community. The WeTHRIVE! CHAs are developed by the Health Promotion & Education and Epidemiology divisions at Hamilton County Public Health. The Epidemiology division reviews and analyzes a variety of data sources that include health, social, economic, and environmental indicators to help paint a picture of the health and wellbeing of a community. To expand on data, the Health Promotion and Education division works with WeTHRIVE! teams to provide community context and lived experiences through the WeTHRIVE! Landscape Review. The WeTHRIVE! Landscape Review looks at community conditions and resources related to the WeTHRIVE! pathways that impact residents overall health by driving/walking around the community to get a visual representation of the community. Together, data is compiled into a list of assets, opportunities, and recommendations that are specific to each community to provide team members with the actionable strategies to promote the health of all residents.

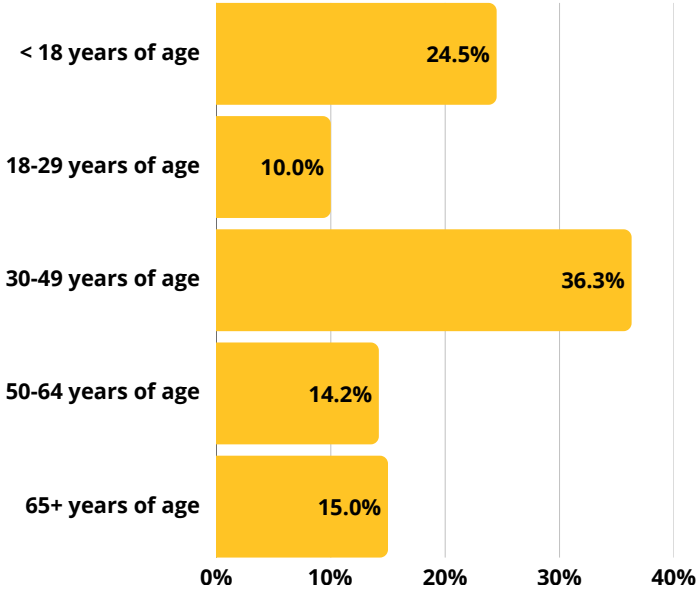


Community Context , 2023

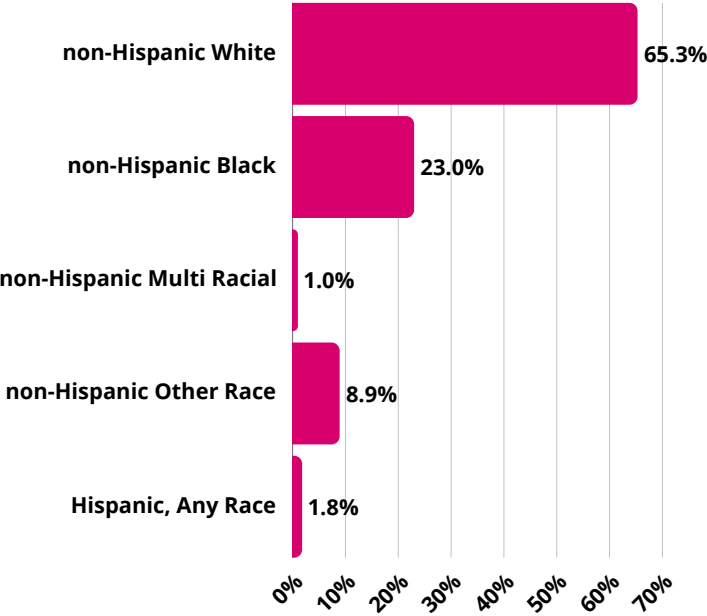


To effectively enhance health outcomes, it's important to comprehend the context in which these issues arise. Understanding the community context is a foundational and vital step in promoting positive health within a community. In this report, community context encompasses population demographics, including age, gender, and race/ethnicity.

Population by Age



Population by Race/Ethnicity

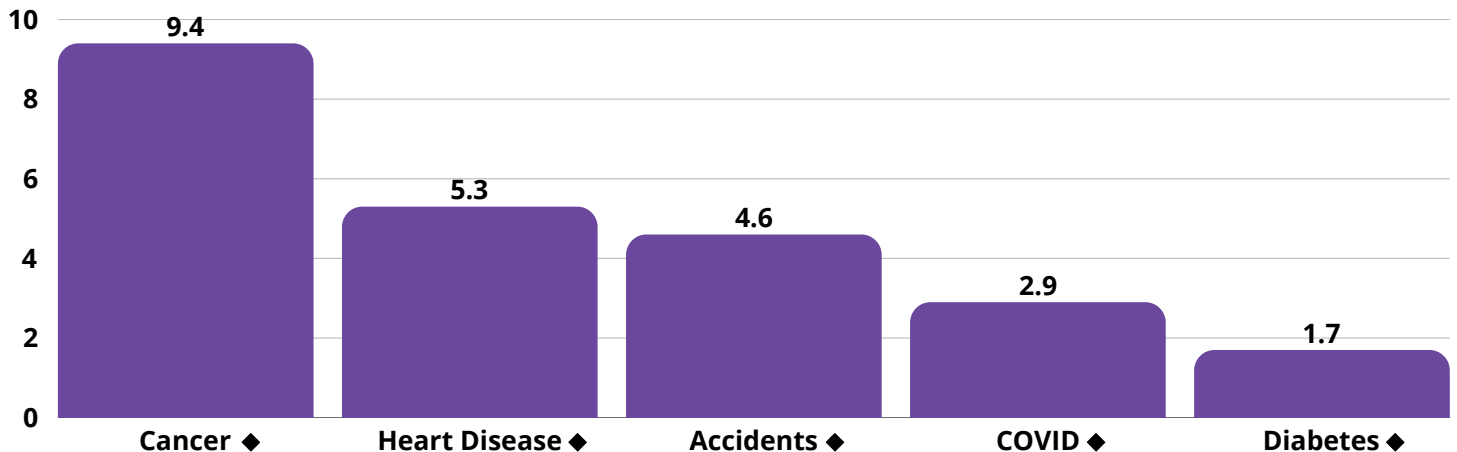


Healthcare and Health Outcomes : 2019 - 2023



Access to quality healthcare is a major component of increasing quality of life for all people. Barriers to healthcare, such as gaps in health insurance coverage, can delay access to preventative services that can lead to preventable disease and premature death. There are a variety of metrics we can look at to measure the overall health of a community such as mortality rates, uninsured rates, rates of infectious disease, and more. All of these metrics allow us to gain a better understanding of the health needs of the community.

Top Five Leading Causes of Death by Age - Adjusted Mortality Rates (per 1,000)



Child Fatality Rate (per 1,000)

0.8 ♦

Infant Mortality Rate (per 1,000)

0.0

Average Life Expectancy

66.0

Independent Living Difficulty

6.1%

Total population with an independent living difficulty, 2023



Disability Characteristics

20%

Total population with a disability, 2023

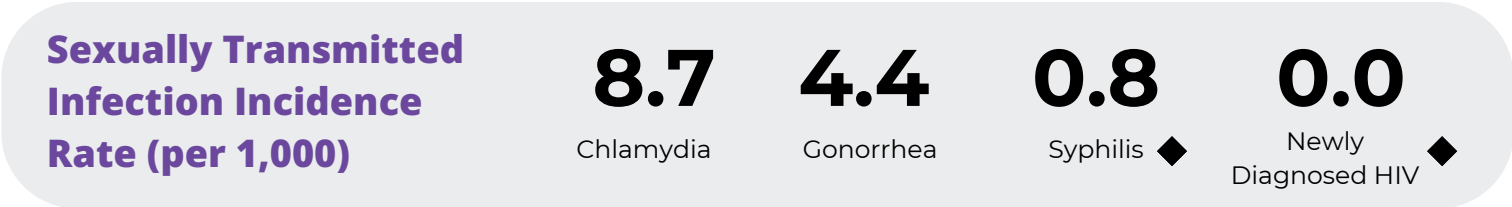
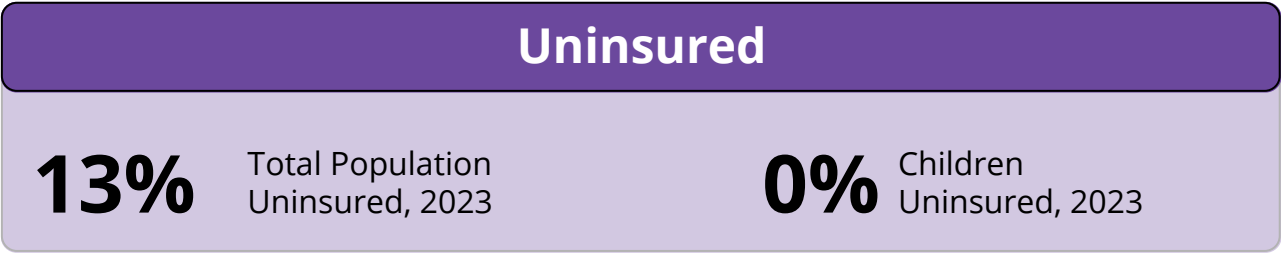
14%

Child population with a disability, 2023



♦ = less than 20 cases. Please see data notes at end of report for more information on the significance of small numbers.

Healthcare and Health Outcomes : 2019 - 2023



Preterm Births



Asthma Related Emergency Department Visits, 2023*



Overdose Related Emergency Department Visits*



Naloxone Kits Distributed*

♦ = less than 20 cases. Please see data notes at end of report for more information on the significance of small numbers.
* = This data is ZIP codes that cover Arlington Heights. The ZIP codes is: 45215



Economic Stability, 2023

The economic stability of individuals within a community can have a lasting impact on the overall health of that community. Economic stability means that individuals have sufficient and reliable income to pay for expenses such as healthcare. Lack of economic resources makes it more difficult for an individual to access healthcare and sustain healthy behaviors. There are a variety of metrics to look at that can measure the overall economic stability of a community such as unemployment rates, household income, rates of households receiving public benefits, and more.

10%

Population 16 and Older
Unemployed

Poverty

11%

Total
population
living in
poverty

19%

Children
living in
poverty

Housing

54% Owner - occupied
housing

46% Renter - owned
housing



Income

\$47,115

Median household
income



\$26,228

Per capita income

Housing Characteristics

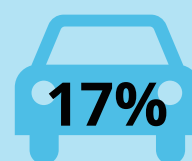
27%

Residents
experiencing a
housing cost
burden



17%

Households
with no
vehicle
available



23%

Households
receiving
SNAP
benefits



Neighborhood & Built Environment, 2023



The built environment is the man-made space where individuals live, work, and play on a day-to-day basis. This includes buildings, parks, sidewalks, streets, public transportation and other spaces that have been created or modified. It can affect the potential for injuries related to pedestrian and motor vehicle crashes. It can also affect an individual's access to healthy food, recreation opportunities and clean, safe places to work and play.

Motor Vehicle Crashes

0.6% Motor vehicle crashes involving a pedestrian or bicyclist ♦

11% Motor vehicle crashes involving a child or teenager

3.4% Motor vehicle crashes involving drugs or alcohol ♦



0.0% Fatal motor vehicle crashes

0.92

Social Vulnerability Index

Lead Exposure

1.7% Children aged 5 and under with an elevated blood lead level, 2019 - 2023

96% Housing built prior to 1979

Built Environment

44% Ground surface that is green space



Below Average Walkability

Food Access

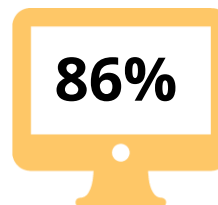
2.2% Population low-income and over a mile from supermarket, 2019

0

Stores that accept SNAP benefits

86%

Households with internet access



24%

Youth 16-19 who are neither working nor in school



♦ = less than 20 cases. Please see data notes at end of report for more information on the significance of small numbers.



Assets & Opportunities

Assets

- Arlington Heights offers a composting subscription program through Groot, which operates from April to mid-December.
- There are green spaces located within Arlington Heights within walking distance (.5 miles) to most homes for residents to engage in physical activity.
- Arlington Heights contains two tobacco/smoke free properties (Arlington Heights Town Hall and Trainwreck Bar and Grill). Both display signage related to tobacco-free policies.
- There are two public transportation options available to the residents of Arlington Heights (Go Metro and Greyhound Bus).
- Arlington Heights offers free Wi-Fi for residents at their municipal building.

Opportunities

- There is no fall prevention programming within Arlington Heights.
- There are no prescription drug drop boxes within Arlington Heights.
- There are limited food access points within Arlington Heights.
- The uninsured rate for all residents in Arlington Heights is 2.9 times higher than other villages in Hamilton County.
- The percentage of households without a vehicle in Arlington Heights is 2.4 times higher than other villages within Hamilton County.



Recommendations

The following recommendations are based on the assets and opportunities identified for your community. The corresponding WeTHRIVE! pathway or pathways for each recommendation are indicated to the right of each recommendation.

-  = Chronic Disease Pathway
-  = Injury Prevention Pathway
-  = Environmental Health Pathway
-  = Harm Reduction Pathway
-  = Emergency Preparedness Pathway
-  = Social Health Pathway

Recommendations	WeTHRIVE! Pathway
Promote healthy aging by partnering with Council on Aging or People Working Cooperatively to offer free fall and injury prevention programming to seniors.	
Increase residents' ability to practice harm reduction strategies by partnering with village administration and Reading police department to install a prescription drug drop box for residents to dispose of prescription drugs safely.	 
Install food distribution sites such as blessing boxes or produce pop-ups to increase food access points in Arlington Heights.	 
Partner with local healthcare providers, nonprofit organizations, and insurance navigators to expand access to affordable healthcare resources for uninsured residents. Strategies could include hosting enrollment assistance events, bringing the 513 Relief Bus to the community, and putting insurance information in main community locations.	 
Partner with Hamilton County Planning and Development to explore opportunities to develop transportation connectivity plan that can support planning and implementing connected transportation networks that are safe and accessible for all users through optimizing multi-modal transportation.	 





Contact Us



513-946-7800



WatchUsThrive.org



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Data Notes



To receive supplemental data tables for this report, please reach out to the WeTHRIVE! Team.



**HAMILTON COUNTY
PUBLIC HEALTH**

PREVENT. PROMOTE. PROTECT.

