

Community Health Assessment 2025

●Whitewater Township●



Introduction

The WeTHRIVE!SM Community Health Assessments (CHA) paint a comprehensive picture of the community's current and past health status, factors contributing to higher health risks and poorer health outcomes, needs in the community, and community resources available to improve health.

The WeTHRIVE! CHA helps aid community partners, stakeholders and residents in identifying priority health issues, developing goals, and selecting strategies to improve residents' health. The data comes from multiple sources, including surveys, surveillance systems and landscape reviews (see data notes QR code). Using multiple data sources allows for a comprehensive picture of the health of the community. The Hamilton County CHA released in 2025 provides an overview of the health of Hamilton County, while the WeTHRIVE! CHA allows WeTHRIVE! teams to take a deeper dive into their community-specific data.

This report includes the following topics relevant to health and wellness of residents within the community:

- Community Context (who makes up your community)
- Healthcare and Health Outcomes
- Economic Stability
- Neighborhood and Built Environment
- Assets and Opportunities
- Recommendations

"Public health in Hamilton County means working together to ensure that all of our residents have the opportunity to thrive both individually and collectively. When people are healthy, they can lead fuller, happier lives while also contributing to the local economy and culture."

-Greg Kesterman, Hamilton County Public Health, Health Commissioner



WeTHRIVE! Overview

The WeTHRIVE! initiative of Hamilton County Public Health is a paradigm shift that engages communities, and schools and child care providers to make meaningful and sustainable policy, environmental, and system changes where people live, work, learn, and play, ensuring that all individuals have the opportunity to thrive. The WeTHRIVE! initiative works to create a culture of health, safety, and vitality throughout Hamilton County. The four pillars of WeTHRIVE! are:



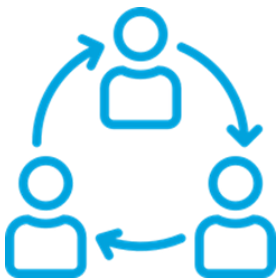
SUPPORT

WeTHRIVE! Population Health Specialists help start a team, offer assistance, and connect the teams to resources.



DATA

The most up-to-date public health [data](#) is shared to help determine areas of need and plan for the future.



COLLABORATION

The WeTHRIVE! initiative fosters a culture of collaboration by bringing together child care providers, communities, schools, and [partner organizations](#).



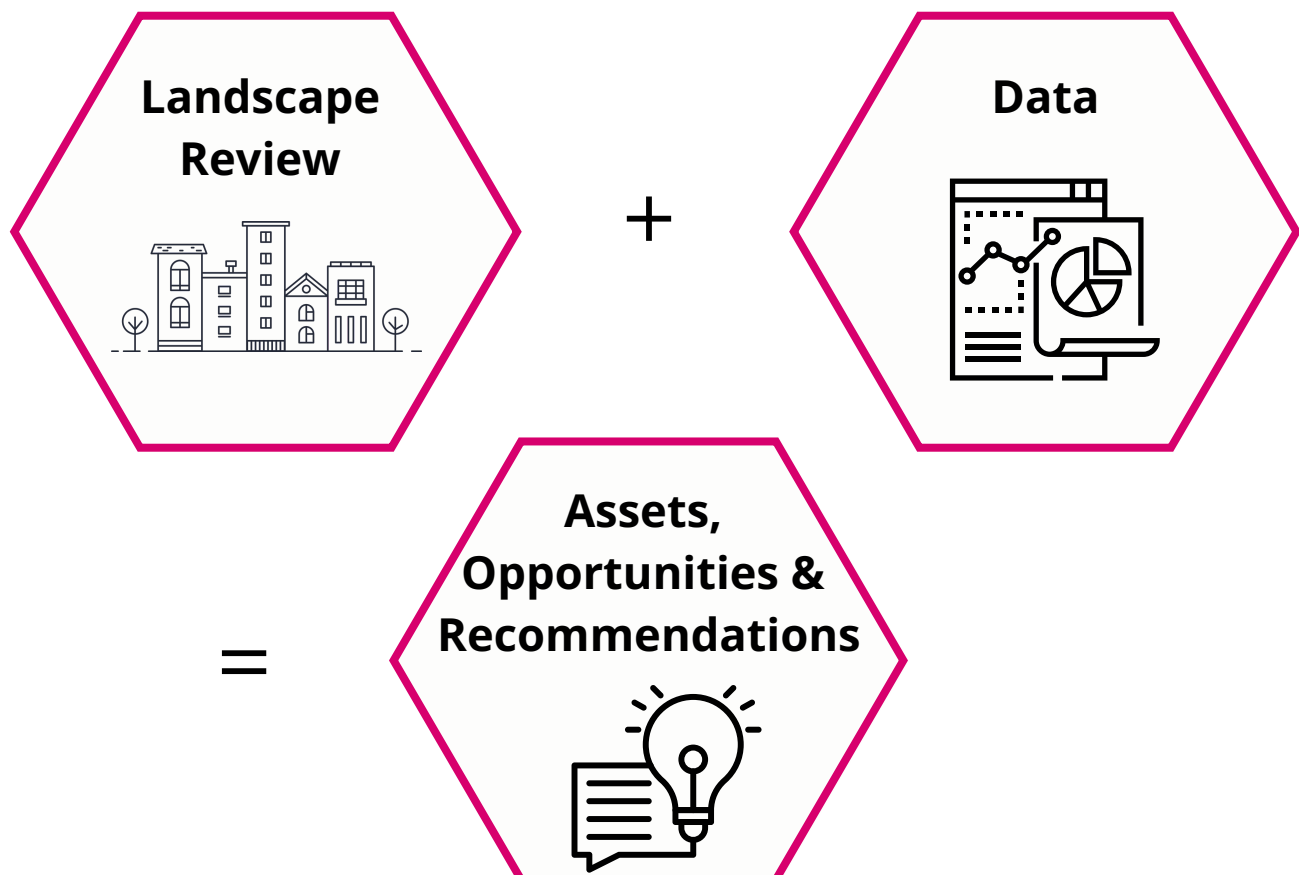
RECOGNITION & CELEBRATION

The initiative is all about celebrating the positive progress and changes our amazing teams work so hard to implement.

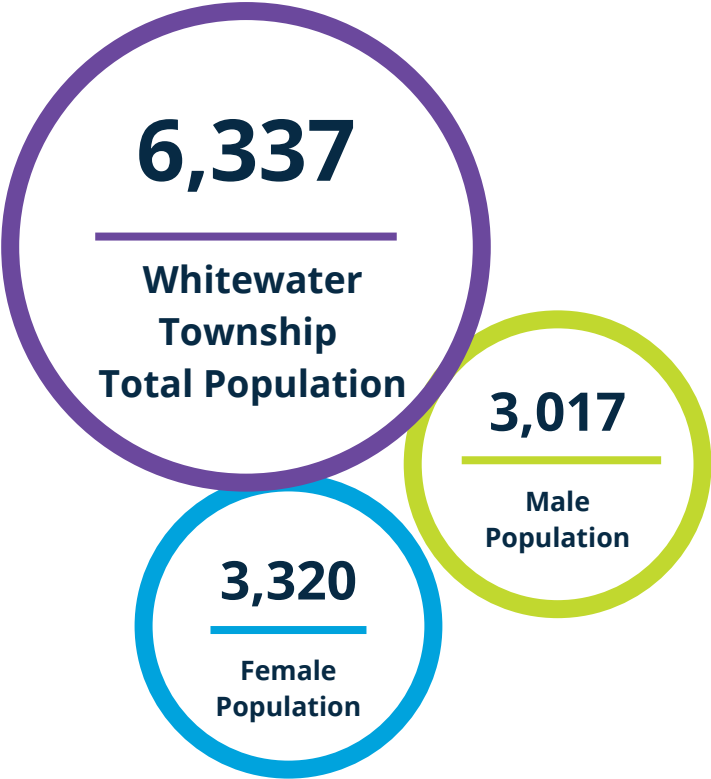
We
THRIVE!
Community Wellness in Action™

WeTHRIVE! CHA Process

As part of data provided to WeTHRIVE! communities, the WeTHRIVE! CHAs are completed every three years to provide an opportunity to take a deeper dive into the annual WeTHRIVE! Data Profiles that are shared with each active WeTHRIVE! community. The WeTHRIVE! CHAs are developed by the Health Promotion & Education and Epidemiology divisions at Hamilton County Public Health. The Epidemiology division reviews and analyzes a variety of data sources that include health, social, economic, and environmental indicators to help paint a picture of the health and wellbeing of a community. To expand on data, the Health Promotion and Education division works with WeTHRIVE! teams to provide community context and lived experiences through the WeTHRIVE! Landscape Review. The WeTHRIVE! Landscape Review looks at community conditions and resources related to the WeTHRIVE! pathways that impact residents overall health by driving/walking around the community to get a visual representation of the community. Together, data is compiled into a list of assets, opportunities, and recommendations that are specific to each community to provide team members with the actionable strategies to promote the health of all residents.

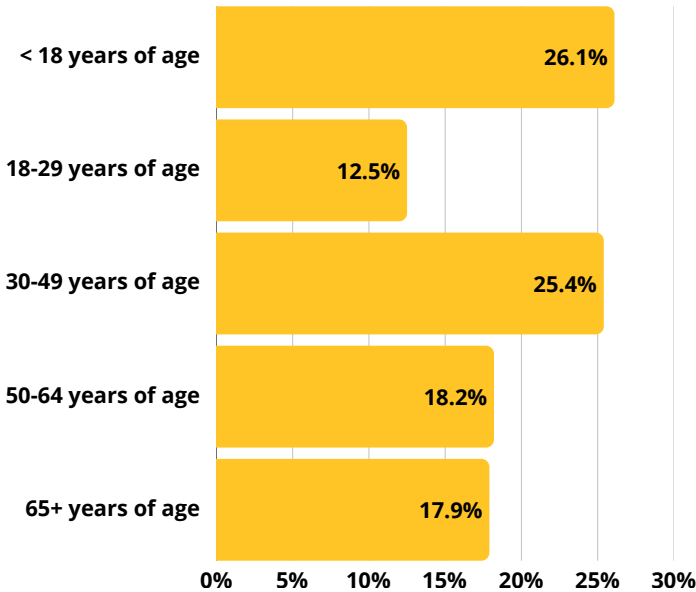


Community Context , 2023

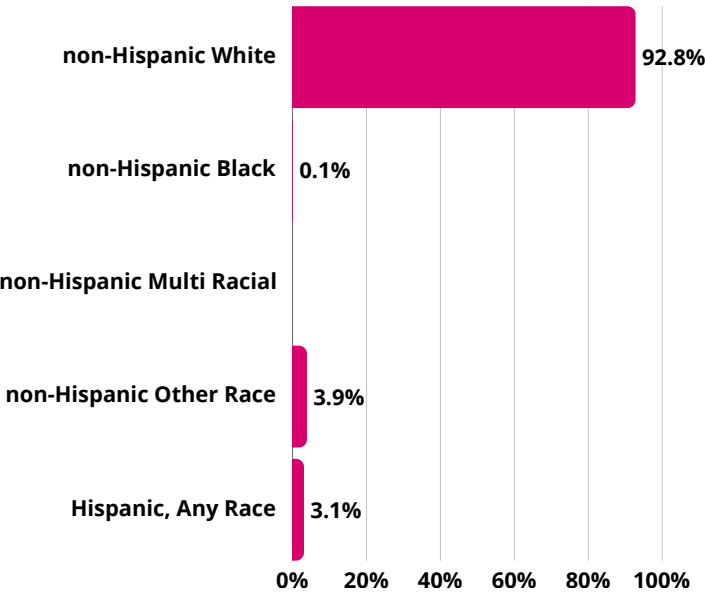


To effectively enhance health outcomes, it's important to comprehend the context in which these issues arise. Understanding the community context is a foundational and vital step in promoting positive health within a community. In this report, community context encompasses population demographics, including age, gender, and race/ethnicity.

Population by Age



Population by Race/Ethnicity

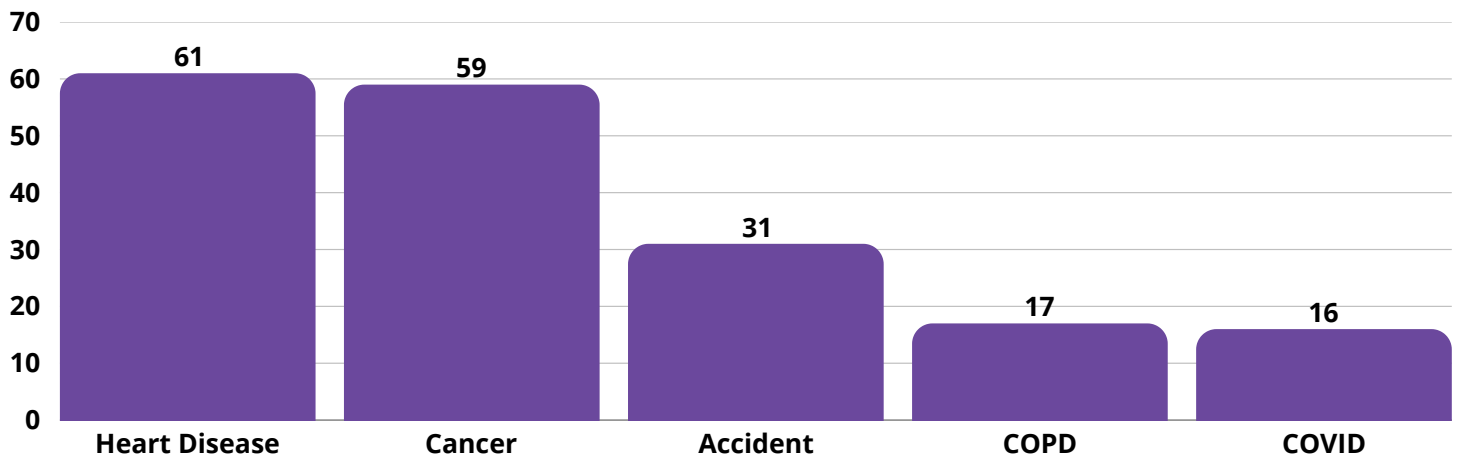


Healthcare and Health Outcomes : 2019 - 2023



Access to quality healthcare is a major component of increasing quality of life for all people. Barriers to healthcare, such as gaps in health insurance coverage, can delay access to preventative services that can lead to preventable disease and premature death. There are a variety of metrics we can look at to measure the overall health of a community such as mortality rates, uninsured rates, rates of infectious disease, and more. All of these metrics allow us to gain a better understanding of the health needs of the community.

Top Five Leading Causes of Death by Age - Adjusted Mortality Rates (per 10,000)



Child Fatality Rate (per 1,000)

0.4 ♦

Infant Mortality Rate (per 1,000)

5.1 ♦

Average Life Expectancy

72.2

Independent Living Difficulty

7.3%

Total population with an independent living difficulty, 2023



Disability Characteristics

16%

Total population with a disability, 2023

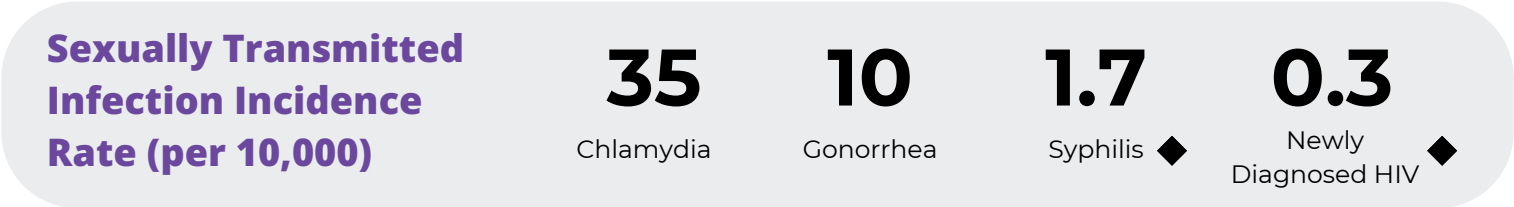
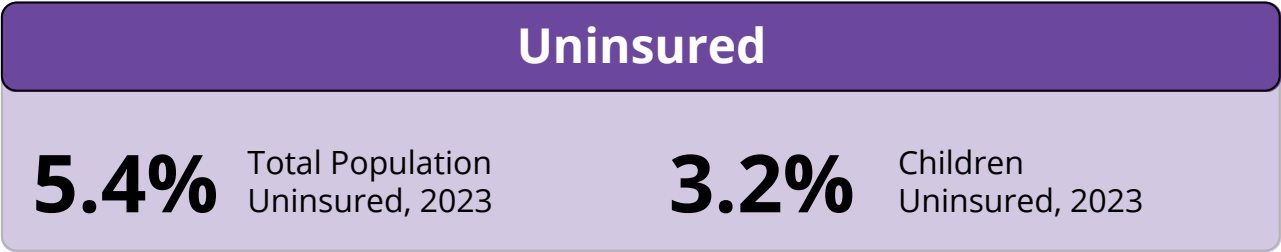
8.5%

Child population with a disability, 2023



♦ = less than 20 cases. Please see data notes at end of report for more information on the significance of small numbers.

Healthcare and Health Outcomes : 2019 - 2023



Preterm Births



Asthma Related Emergency Department Visits, 2023*



Overdose Related Emergency Department Visits*



Naloxone Kits Distributed*

♦ = less than 20 cases. Please see data notes at end of report for more information on the significance of small numbers.
* = This data is ZIP codes that cover Whitewater Township. These ZIP codes are: 45002, 45030, 45033, 45041 & 45052



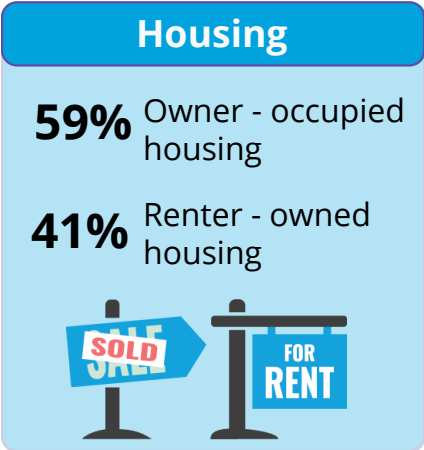
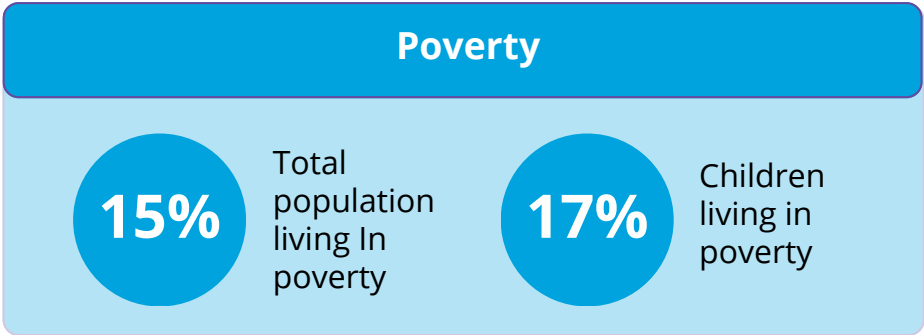


Economic Stability, 2023

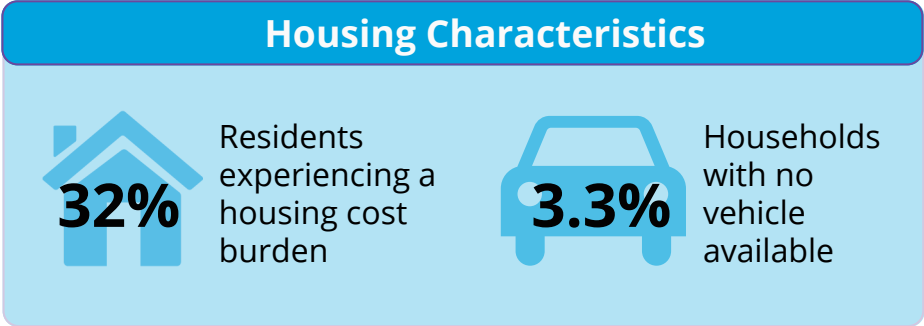
The economic stability of individuals within a community can have a lasting impact on the overall health of that community. Economic stability means that individuals have sufficient and reliable income to pay for expenses such as healthcare. Lack of economic resources makes it more difficult for an individual to access healthcare and sustain healthy behaviors. There are a variety of metrics to look at that can measure the overall economic stability of a community such as unemployment rates, household income, rates of households receiving public benefits, and more.



Population 16 and Older
Unemployed



Households receiving SNAP benefits



Neighborhood & Built Environment, 2023



The built environment is the man-made space where individuals live, work, and play on a day-to-day basis. This includes buildings, parks, sidewalks, streets, public transportation and other spaces that have been created or modified. It can affect the potential for injuries related to pedestrian and motor vehicle crashes. It can also affect an individual's access to healthy food, recreation opportunities and clean, safe places to work and play.

Motor Vehicle Crashes

0.1% Motor vehicle crashes involving a pedestrian or bicyclist ♦

15.1% Motor vehicle crashes involving a child or teenager

3.4% Motor vehicle crashes involving drugs or alcohol

0.7% Fatal motor vehicle crashes ♦



0.60

Social Vulnerability Index

Lead Exposure

1.0% Children aged 5 and under with an elevated blood lead level, 2019 - 2023

39% Housing built prior to 1979

Built Environment

92% Ground surface that is green space



Least Walkability

Food Access

35% Population low-income and over a mile from supermarket, 2019

6

Stores that accept SNAP benefits

88%

Households with internet access



12%

Youth 16-19 who are neither working nor in school



♦ = less than 20 cases. Please see data notes at end of report for more information on the significance of small numbers.



Assets & Opportunities

Assets

- The Whitewater Community Park provides recreational amenities, including a playground, pavilion, beach volleyball courts, and green spaces, to foster physical activity and promote the health and well-being of residents.
- Whitewater hosts Fall and Spring cleanup events to reduce litter in the community and support a cleaner, healthier environment.
- Whitewater is a member of the Hamilton County Storm Water District and actively works to prevent hazards in storm drains.
- Whitewater offers anti-stigma training courses on substance use disorders to educate individuals on how to correct misinformation and negative attitudes towards stigmatized conditions.
- The unemployment rate in Whitewater Township is 1.6 times lower than other cities and townships in Hamilton County.
- The percentage of households with a vehicle in Whitewater Township is 1.6 times lower than other cities or townships in Hamilton County.

Opportunities

- There are currently no idle free policies on township property.
- There are currently no designated Safe Place locations displaying the Safe Place sign, the universal symbol of youth safety, in the community.
- The rate at which Whitewater Township residents die from an overdose is 3 times higher than other cities and townships in Hamilton County.
- There are no traffic calming measures in place in Whitewater.
- The percentage of deaths that are tobacco-associated for Whitewater Township residents is 1.5 times higher than other cities and townships in Hamilton County.
- The percentage of Whitewater Township residents considered in a food desert (low income residents that are more than a mile from a store) is 4 times higher than other cities and townships in Hamilton County.

Recommendations

The following recommendations are based on the assets and opportunities identified for your community. The corresponding WeTHRIVE! pathway or pathways for each recommendation are indicated to the right of each recommendation.



= Chronic Disease Pathway



= Injury Prevention Pathway



= Environmental Health Pathway
















= Harm Reduction Pathway



= Emergency Preparedness Pathway



= Social Health Pathway

Recommendations	WeTHRIVE! Pathway
Improve air quality and the health of residents' lungs by implementing idle-free zones at all township-owned properties by partnering with Hamilton County ReSource and Southwest Ohio Air Quality.	 
Collaborate with Lighthouse Youth Services, local community organizations and businesses to establish official Safe Place sites, providing teens with a secure location to seek help and safety.	 
Partner with Hamilton County Public Health's Harm Reduction team to distribute Narcan kits and overdose prevention information to the community.	 
Work with Hamilton County Planning and Development increase resident safety and access to active transportation by creating an Active Transportation Plan.	  
Collaborate with township trustees to implement a 100% tobacco-free policy at the community park and other township-owned property, reducing secondhand smoke exposure and promoting clean air. After the policy is passed, install appropriate signage.	 
Increase residents' access to healthy food options by encouraging local businesses to support use of SNAP/EBT, promoting nearby food pantries, or by working with organizations like Freestore Foodbank or Last Mile Food Rescue to organize food distribution events on a fixed schedule.	 



Contact Us



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WatchUsThrive.org



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@WeTHRIVEHamiltonCo

Data Notes



To receive supplemental data tables for this report, please reach out to the WeTHRIVE! Team.



**HAMILTON COUNTY
PUBLIC HEALTH**

PREVENT. PROMOTE. PROTECT.

